



## MEMBERSHIP APPLICATION & REGISTRATION FORM

**Walkfree Breakfree Club Experience trips or Chiltern free day walks – if already a member no need to complete)**

Please return to: Iain Thomson

Walkfree Breakfree Ltd

34 Sunnybank

Widmer End

High Wycombe

Buckinghamshire

HP15 6PA

Or [iain@walkfreebreakfree.co.uk](mailto:iain@walkfreebreakfree.co.uk)

MEMBERSHIP is on the understanding you and everyone in your party agrees participation is on the basis of “a participating adult” which is clearly defined in the British Mountaineering Council Participation Statement and on your acceptance of our terms and conditions (attached).

The BMC Participation Statement say that: *The BMC recognises that climbing and mountaineering (which in our context includes walks, hill walking and other outdoor activities) are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions.*

To make your participation as simple and easy as possible you should fully understand your relationship with Walkfree Breakfree Ltd. During Club experience weekends and trips we are happy to offer information and opinions on walks and other activities and we will always endeavour to give accurate information and opinions, but we do not take any responsibility for them and if acted upon by you it is at your own risk.

You understand our walking and activity leaders are not qualified mountain guides and you join them at your own risk and your own free will to participate in club experience activities with like minded people.

During Club Experience trips you may be asked to drive (or accept a lift from) someone who is not in your booking party, to and from an excursion and you accept that Walkfree Breakfree Ltd will not accept any liability in the event of a road accident and that you enter into such an arrangement with another driver/passenger by mutual consent.

I fully understand and accept membership on the above conditions:

Signed..... Dated .....

Name.....

ADDRESS .....

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Home Tel No.....

Mobile No.....

Emergency Contact Number & name to be used in the event of an emergency arising during trips

: Name .....Emergency Contact Number.....

Additional Members

Name	Mobile Number	Emergency Contact No (if not above)

**Our very successful club experience breaks are achieved by one and all participating in chores large and small and volunteers assisting in other ways as detailed below. If you would wish to volunteer please indicate below:**

**Please delete as appropriate)**

I would be happy to offer car shares Yes/No

I would be happy to be a volunteer minibuss driver Yes/No

I would be happy to lead walks Yes/No

I would be pleased to volunteer in other ways.....

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Special dietary requirements: .....

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This application form will register you to join **Walkfree Breakfree: Club Experience** day walks or trips. All members will be registered onto the Walkfree Breakfree mailing list and receive details of Walkfree Breakfree activities.

**Health & Fitness**

Bookings are accepted on the understanding that all persons participating are normally in good health and physically equally to the minimum demands of the chosen trip. If this is in doubt the Booking Form must be accompanied by a doctor's certificate stating that it is entirely safe for you to go on the particular trip you have chosen. To assess your level of fitness in relation to the various walks we undertake, completing the quiz on our website may be helpful and a useful reference point for your personal use.

Remember we are undertaking physical activity which at times may be in remote locations where assistance may not be readily available or in certain circumstances medical conditions may pose additional risk to activities being undertaken. If you or a member of your party have medical conditions you wish to be brought to the attention of voluntary leaders please indicate below:

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